

P1 – P7 Menu

£2.60 per day

	Week Commencing 4 th September 2017	Week Commencing 11 th September 2017	Week Commencing 18 th September 2017	Week Commencing 25 th September 2017
Toast	5 days - £1.50	5 days - £1.50	5 days - £1.50	5 days - £1.50
Monday	Breaded Fish, peas, mashed potato Chicken Fried Rice, peas & curry sauce Frozen Yoghurt & Fruit Yoghurt & Fruit	Sweet & Sour Chicken, Rice Baked Potato with fillings Chocolate flavoured sponge & Custard Yoghurt & Fruit	Sausage, Beans & mashed potato Beef curry, rice, peas & naan bread Frozen Yoghurt Yoghurt & Fruit	Chicken curry, rice, peas, naan bread / Baked potato with fillings Swiss roll, custard, fruit Yoghurt & Fruit
Tuesday	Vegetable soup, Beef Burger in bap, coleslaw, salad Ice cream & fruit puree Yoghurt & Fruit	Irish Stew, crusty bread Meatballs, peas & pasta Choux pastry bun with fruit puree Yoghurt & Fruit	Potato & Leek soup, Beef Burger in Bap/ Chicken Salad bap, Coleslaw, salad Biscuit & Fruit Yoghurt & Fruit	Lasagne, coleslaw, salad, crusty bread / Chicken drumstick, sweetcorn, mashed potato Chocolate flavoured sponge, custard Yoghurt & Fruit
Wednesday	Roast Chicken, gravy, stuffing, Carrots, broccoli, roast & mashed potato Crackers & cheese Yoghurt & Fruit	Roast gammon, gravy, carrots, cabbage, mashed & roast potato Ice cream & fruit Yoghurt & Fruit	Roast chicken, gravy, stuffing, carrots, broccoli, roast and mashed potato Milk pudding, oranges Yoghurt & Fruit	Roast Beef, gravy, carrots, broccoli, roast & mashed potato Frozen Yoghurt Yoghurt & Fruit
Thursday	Pasta Bolognese, crusty bread Cottage Pie, gravy, sweetcorn, mashed potato Lemon sponge & custard Yoghurt & Fruit	Buffet: sandwiches, fish coddies, pizza, coleslaw, salad & carrot sticks Frozen Yoghurt Yoghurt & Fruit	Breaded fish, peas, mashed potato Chicken pasta bake, veg, mashed potato Apple Crumble, Custard Yoghurt & Fruit	Buffet: sandwiches, chicken nuggets, pizza, coleslaw, salad & carrot sticks Biscuit, fruit Yoghurt & Fruit
Friday	Sausages/chicken drumstick, beans, salad, chips/mashed potato Fresh fruit salad & yoghurt	Fish fingers, peas/scrambled egg, cheese, beans, chips/mashed potato Yoghurt & Fruit	Cheese & Tomato Pizza / Chilli Chicken Panini, sweetcorn, coleslaw, chips/mashed potato Yoghurt & Fruit	Cod shape in crumb/salmon, Peas, chips/mashed potato Yoghurt & Fruit

N.B. Bread, Milk, Water & Fresh Fruit are served alongside every set meal

For further information on allergenic ingredients please contact the school

Due to New Nutritional Guidelines coming into force soon, we are not permitted to serve bacon or ham (sandwiches)

