

P1 – P7 Menu

£2.60 per day

	Week Commencing 5 <sup>th</sup> October 2020	Week Commencing 12 <sup>th</sup> October 2020	Week Commencing 19 <sup>th</sup> October 2020	Week Commencing 2 <sup>nd</sup> November 2020
<b>Toast</b>	<b>Toast available daily and should be ordered and paid monthly by cash to school kitchen</b>			
Monday	Chicken curry, rice, naan bread Cheese & tomato pizza, sweetcorn, diced potato  Fruit and yoghurt	Oven baked fish, peas, sweetcorn, mash potato Chicken & broccoli bake & side salad  Fruit and yoghurt	Chicken curry, rice, naan bread Chicken or Cheese panini, sweetcorn, diced potato  Ice cream & fruit	Chicken goujons, sweetcorn, mashed potato or Pasta bolognaise  Ice cream & fruit
Tuesday	Pasta Bolognaise & herb bread Oven baked sausages, carrots, sweetcorn, or mashed potato  Apple sponge, custard	Pasta Bolognaise, peas Stuffed bacon roll, peas, turnip, mashed potato or pasta  Chocolate pear sponge, custard	Steak burger, onions, beans, mashed or baked potato Vegetable pasta bolognaise  Fruit & yoghurt	Chicken curry, rice, naan bread Cheese & tomato pizza, peas, salad, diced potato  Crunchy fruit crumble & custard
Wednesday	Baked gammon, gravy, pineapple, stuffing, cabbage, carrots, dry oven roast potato & mashed potato  Flakemeal biscuit Fruit & milkshake	Roast chicken, gravy, stuffing, carrots, broccoli, dry oven roast & mashed potato  Fruit & yoghurt	Roast pork, gravy, stuffing, apple sauce, carrots, broccoli, dry oven roast and mashed potato  Milk pudding & fruit	Roast beef, gravy, stuffing, carrots, green beans, dry oven roast & mashed potato  Fruit & yoghurt
Thursday	Homemade veg soup & bread with Beefburger & bap, beans, Salad & mashed potato  Ice Cream & Fruit	Chicken fried rice & curry sauce & naan bread Irish stew, peas  Fruit Krispie Square Custard & fruit	Buffet: sandwiches (chicken, cheese, tuna), pizza fingers, cocktail sausages, carrot sticks  Muffin & Milkshake	Cottage pie or salmon, carrots, peas, mashed potato  Biscuit, fruit & milkshake
Friday	Oven baked fish fingers or Chicken Panini, peas, coleslaw, mashed potato or chips  Fruit & yoghurt	Oven baked sausages or Chilli chicken & salad wrap, sweetcorn, beans, mashed potato or chips  Frozen yoghurt & fruit	Oven baked fish or lasagne, peas, salad, mashed potato or chips  Fruit & yoghurt	Oven baked sausages or Chicken stir fry, sweetcorn, beans, mashed potato or chips  Frozen yoghurt and fruit

**N.B. Bread, Milk, Water & Fresh Fruit are served alongside every set meal  
For further information on allergenic ingredients please contact the school**